

2009 Winter Skills Clinic

2009 UND Women's Soccer Winter Skills Clinic

Join the University of North Dakota
Fighting Sioux women's soccer team
this winter to polish your soccer skills.

Dates

Dec. 7th* & 14th

Jan. 11th, 18th, 25th

Feb. 1st, 8th, 15th, 22nd

Two Sessions

K-6th grade 6:00pm - 7:00pm

7th-12th grade 7:15pm - 8:15pm

Cost

\$10 per session

Pay only for the sessions you attend

Location

All Dec. sessions will take place in the
racquetball courts of the Hyslop Sports
Center.

All January and February sessions will
take place room 170 of Hyslop Sports
Center.

***Free session with fun activities to fol-
low. Meet the players and get auto-
graphs as well.***

2009 Accomplishments

- Sarah Penner named Great West Conference Player of the Week for the week of 8/31/09
- Rachael Loomis named to 2009 CoSIDA Academic All-District Second Team
- Rachel Loomis and Mandi Boehmer named to Great West All-Conference team
- Rachael Loomis and Brit-tany Harty named to Great West Conference All-Tournament Team
- 2009 Great West Confer-ence Semi-finalists



University of North Dakota Women's Soccer

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About Camp

The winter skills clinic is designed to provide each participant a competitive, challenging, and enriching soccer experience. The focus will be on fundamental ball skills to include dribbling, heading, passing, shooting and much more.



It is open to girls and boys kindergarten through twelfth grade. The winter clinic will be broken up into two sessions based upon the participants grade in school. Kindergarten through sixth graders will be from 6:00pm—7:00pm and seventh through twelfth graders will be from 7:15pm—8:15pm. Pre registration is not required and only costs \$10 per session. It will be a pay as you play registration fee. You only pay for the days you come to the winter clinic.

Medical Insurance

Each camp participant at the UND Winter Skills Clinic should be covered by a health and accident medical policy. UND does not provide medical or health insurance. Parent or guardian will be required to fill out a liability form and provide the name and policy number of their medical insurer at the first clinic attended.

Coaching Staff



Kristen Gay - Head Coach

Kristen Gay is in her second season as head coach of the Fighting Sioux, where she has led the Sioux to an overall record of 8-26-1. Prior to joining the UND Soccer program, Gay spent two seasons as an assistant coach at Indiana State University. Before that she was the head soccer coach at Dana College, where she also served as sports information director.



Gay is a graduate of the University of Nebraska, where she led the Cornhuskers to a Big 8 tournament championship, 2 Big XII regular season titles. She was the team's leading scorer as a freshman and an all-conference and all-region selection her sophomore year.

Nichole Tiggs - Assistant Coach

Nichole Tiggs is in her first season as an assistant coach for the Fighting Sioux, bringing significant playing and coaching experience.



While recently completing her master's degree from UND in August 2008, she was a four-year starter at Indiana State University from 2002-2005 where she won numerous Missouri Valley

Conference honors along with becoming the Sycamores all-time point scorer, all-time goal scorer and holds records for shots in a single season.

Lisa Glasoe - Assistant Coach

Lisa Glasoe is in her second season as an assistant coach for the Fighting Sioux.



The former UND soccer standout played in 75 games tying her with Chrissy Lapp for the most consecutive games played. She also holds the record for most games started with 74.

Glasoe earned the National Soccer Coaches Association of America (NSCAA) All-Central Region Third Team honors in her senior season, along with being named to the All-North Central Conference First Team.

In addition to the above coaching staff clinics will also be taught by the current 2009 UND women's soccer team.

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